



PRODUCT CATALOG

Professional Division

VOLUME 22.1



Leadership. Integrity. Passion.

Nordic Naturals' rise to the leading American fish oil brand began in 1995. Our first advocates were practitioners, like you, who recognized real results—and the leadership and integrity needed to create outstanding products.

Our professional products reflect our belief that the smallest details matter. All of our products are, and always have been, non-GMO, sustainably sourced and manufactured, and third-party tested for purity. Every ingredient we choose is one with clear health benefits, rigorously tested and backed by solid scientific research. Every product we make is formulated to encourage patient compliance.

We control every step in developing, manufacturing, bottling, and shipping our products. We do this because we're passionate about helping you deliver health outcomes that are second to none.



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OMEGAS DEFINED

The omega-3s EPA and DHA occur together in nature, but each plays a distinct role in maintaining health. In the same way, the beneficial omega-6 GLA supports unique aspects of optimal health. This chart clarifies the individual benefits of each essential fatty acid.

EPA

Healthy heart, joints, mood, and immunity*

[Eicosapentaenoic Acid]

Omega-3

- Maintains a healthy heart and circulatory system*
- Supports joint comfort and mobility*
- Promotes healthy immune function*
- Supports optimal metabolism and body composition*
- Helps maintain healthy insulin levels along with a healthy diet*
- Promotes positive mood and well-being*

DHA

Cognition, memory, and emotional well-being*

[Docosahexaenoic Acid]

Omega-3

- Supports learning and memory*
- Supports the brain, eyes, and immune system*
- Supports mood and nervous system health*
- Essential for proper brain development in infants and children*
- Recommended by physicians for pregnant and lactating women*

GLA

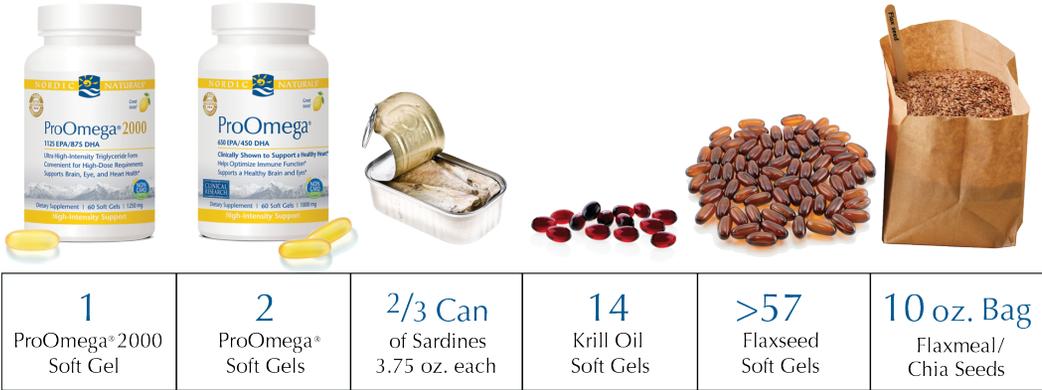
Healthy skin, joints, and body-fat metabolism*

[Gamma-Linolenic Acid]

Beneficial Omega-6

- Nourishes hair and skin*
- Supports healthy joints*
- Maintains optimal body-fat metabolism*
- Supports a positive mood*
- Recommended by physicians for patients who cannot manufacture GLA

OMEGA-3 SOURCES COMPARED



This chart illustrates how much a patient would have to consume of a variety of omega-3 sources to compare to 1 serving of two leading Nordic Naturals omega-3s.

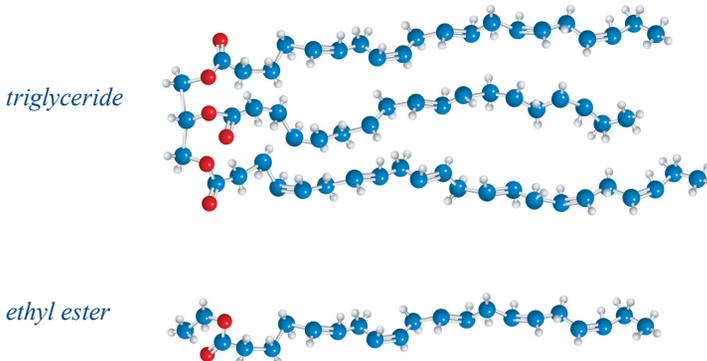
Fish vs Flax and Krill

Omega-3 fatty acids fall into two major categories: marine derived (fish, algae, krill) and plant derived (flax, chia). Flax is a source of alpha-linolenic acid (ALA) with low conversion to long-chain EPA and DHA. **Research shows that even under optimal lifestyle and health conditions, less than 5% of ALA converts to EPA, and just 1% converts to DHA.**

Although krill oil is a marine-based source of omega-3s, very few human clinical studies have been completed on it. In addition to a lack of research, potency is a key consideration. Krill is low in EPA and DHA. A recent study showed a serving of concentrated fish oil to be 382% more effective in increasing omega-3 blood levels than a serving of krill oil.⁴

Molecular Form Matters

Research continues to show that fish oil in the triglyceride molecular form offers a significant absorption benefit over fish oil in the ethyl ester form. When manufactured according to international quality standards, fish oil delivered in the triglyceride form has a proven record of potency, efficacy, purity, and sustainability, and is backed by substantial research. High-quality algae oil is also a safe, effective source of the omega-3 essential fatty acids EPA and DHA.



4. Laidlaw M, et al. A randomized clinical trial to determine the efficacy of manufacturers' recommended doses of omega-3 fatty acids from different sources in facilitating cardiovascular disease risk reduction. *Lipids Health Dis* 2014 Jun 21;13:99.

BACKED BY CLINICAL RESEARCH

OVER 58 PUBLISHED STUDIES.
26 IN PROGRESS.

Nordic Naturals' processing technology and product formulations are driven by the latest developments in clinical research. Because of our products' exceptional purity and freshness, as well as their concentrated levels of EPA and DHA, they are regularly selected by leading research institutions such as UCLA, Harvard/Mass General Hospital, UCSF, Emory University, and OHSU Medical Center for their clinical studies.



To access clinical research for Nordic Naturals products, visit our Original Research page, under the About Us tab, at nordicnaturalspro.com.

PUBLISHED RESEARCH USING NORDIC NATURALS® FISH OILS

Here is a sampling of published clinical studies

| Investigation | Product | Study Design | Subjects | Publication | Organization |
|--|---|--------------------|--|--|---|
| fish oil and immune health, reducing allergy predispositions | ProEPA™ Xtra (60/15) 2 soft gels/day 6 weeks | clinical study | 86 pregnant women | <i>Am J Obstet Gynecol</i> 2013 Apr;208(4):316.e1-6 | University of Michigan Institute for Clinical & Health Research Ann Arbor, MI |
| the effects of fish oil on the immune response to an acute bout of endurance exercise | ProEPA™ (45/10) 3 soft gels/day 6 weeks | clinical study | 16 healthy males | <i>Brain Behav Immun</i> 2012 Nov;26(8):1265-72 | University of Aberdeen Institute of Medical Sciences Aberdeen, Scotland |
| fish oil on the immune response to an acute bout of endurance exercise | ProEPA™ (45/10) 3 soft gels/day 6 weeks | clinical study | 20 healthy males | <i>Int J Sport Nutr Exerc Metab</i> 2014 Apr;24(2):206-14 | University of Aberdeen Institute of Medical Sciences Aberdeen, Scotland |
| fish oil and Montelukast on asthma | ProOmega® (35/25) 10 soft gels/day 42 days | clinical study | 20 asthmatic adults | <i>PLOS ONE</i> 2010 Oct 18;5(10):e13487 | Indiana University Department of Kinesiology Bloomington, IN |
| effects of fish oil on acute lung injury/inflammation | ProOmega® (35/25) 7.5cc enterally up to 14 days | clinical study | 85 hospitalized patients with acute lung injury | <i>Crit Care Med</i> 2011 Jul;39(7):1655-62 | University of Vermont College of Medicine Burlington, VT |
| fish oil and exercise-induced bronchoconstriction | ProOmega® (35/25) 10 soft gels/day 8 weeks | clinical study | 30 adult students | <i>J Allergy Ther</i> 2014;5:184 | Indiana University Department of Kinesiology Bloomington, IN |
| fish oil compliance and adherence study | ProEPA™ Xtra (60/15) 4 soft gels/day 84 days | clinical study | 28 dialysis patients | <i>J Ren Nutr</i> 2010 Sep;20(5):329-33 | The Institute of Health Queensland University of Technology Queensland, Australia |
| fish oil and glucose uptake with insulin present | ProOmega® & ProEPA™ N/A | pre-clinical study | skeletal muscle cells | <i>Diabetes</i> 2006 Jun;55 Suppl 1:A1-617 | Texas A & M University College Station, TX |
| DHA for attenuating effects of maternal stress during late pregnancy | ProDHA™ (10/50) 2 soft gels/day 150+ days | clinical study | 90 pregnant African-American women | <i>Obstet Gynecol</i> 2014 Dec;124(6):1080-7 | University of Pittsburgh Medical Center Pittsburgh, PA |
| DHA as crucial for supporting plasma membrane function, signaling, and cognition | ProDHA™ (10/50) N/A 11 weeks | pre-clinical study | animal study | <i>Exp Neurol</i> 2014 Mar;253:41-51 | UCLA Neurosurgery and Physiological Sciences Los Angeles, CA |
| fish oil and alpha-lipoic acid in the progression of Alzheimer's disease | ProOmega® (35/25) 3 soft gels/day 1 year | clinical study | 39 senior adults with MCI or Alzheimer's disease | <i>J Alzheimers Dis</i> 2014;38(1):111-20 | Oregon Health & Science University Portland, OR |
| fish oil as adjunct therapy in major depression | ProEPA™ Xtra (60/15) 2 soft gels/day 8 weeks | clinical study | 155 adults with major depression disorder | <i>Mol Psychiatry</i> 2016 Jan;21(1):71-9 | Emory University School of Medicine Atlanta, GA |
| fish oil for depression in multiple sclerosis | ProOmega® (35/25) 6 soft gels/day 3-6 months | clinical study | senior adults with relapsing-remitting multiple sclerosis and depression | <i>PLOS ONE</i> 2016 Jan 22;11(1):e0147195. | Oregon Health & Science University Portland, OR |
| DHA reverses fructose-induced brain imbalances | ProDHA™ (10/50) N/A 6 weeks | pre-clinical study | animal study | <i>EBioMedicine</i> 2016 Apr | UCLA Neurosurgery and Physiological Sciences Los Angeles, CA |
| quality nutrition during brain formation is a predictor of brain functional capacity and plasticity during adulthood | ProDHA™ (10/50) n/a 7 weeks | pre-clinical Study | animal study | <i>Neurobiol Dis</i> 2015 Jan;73:307-18. | UCLA / Neurosurgery & Physiological Sciences Los Angeles, CA |
| fish oil and inositol in pediatric mania and depression (bipolar) | ProOmega® Jr (35/25) 6 caps/day 12 weeks (84) | clinical study | children (6-17 yrs) | <i>J Clin Psychiatry</i> 2015 Nov;76(11):1548-55. | Massachusetts Gen Hospital Harvard Medical School Boston, MA |
| effects of fish oil on cholesterol subfractions (CAD risk predictors) | ProEPA™ Xtra (60/15) 3 soft gels/day 28 days | clinical study | 24 healthy adults | <i>J of Am Dietetic Assoc</i> 2008 Sept;108;9:A104 | San Jose State University San Jose, CA |
| fish oil, lipid profiles, and cardiovascular risk | ProOmega® (35/25) 4 soft gels/day 60 days | clinical study | 36 professional football players | <i>Sports Health</i> 2009 Jan;1(1)21-30 | University of Pittsburgh Medical Center Pittsburgh, PA |
| fish oil effects on c-reactive protein levels | ProEPA™ (45/10) 3 soft gels/day 8 weeks | clinical study | 53 adults | <i>Clin Lipidol</i> 2011;6(6),723-729 | The Cleveland Clinic Cleveland, OH |

To place an order, call 800.662.2544 x1 or email ProOrderDesk@nordicnaturals.com

NORDIC NATURALS' PRODUCT CLASSIFICATION SYSTEM

Simple Solutions for Dosing and Product Selection

Our products are organized based on a Product Classification System, designed with convenient dosing and product selection in mind.

As the leader in omega-3 nutrition, Nordic Naturals has a wide variety of omega-3 products. Our systematic path will guide your experience choosing, purchasing, and prescribing our award-winning omega-3 supplements.



Anatomy of a Nordic Naturals Label

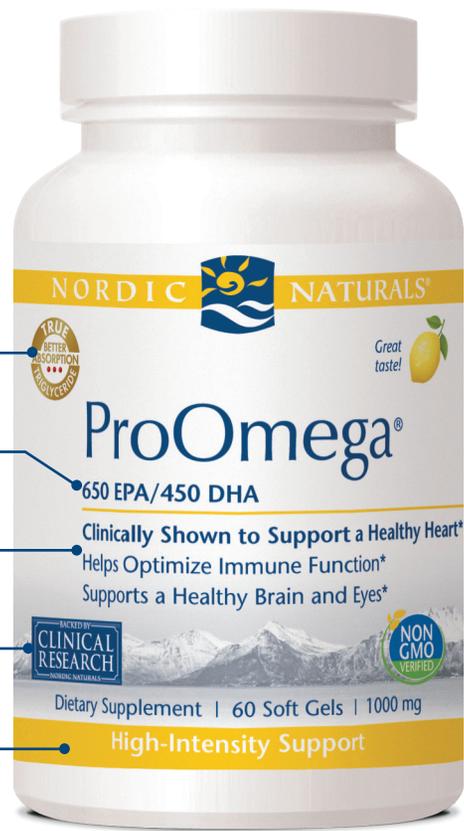
True triglyceride form omega-3s offer up to 70% better absorption than ethyl ester products, and better omega-for-dollar value

EPA and DHA amounts per serving are clearly indicated for dosing convenience

Support functions prominently displayed to help with product selection

Clinical Research seal identifies products featured in published research studies

Colored bars correspond to product categories for quick identification



Product Categories

HIGH-INTENSITY SUPPORT

High EPA & DHA Concentrates



Products in the High-Intensity Support category are concentrated omega-3s, and deliver a minimum of 1100 mg EPA+DHA. While there is slight EPA dominance in these concentrates, both EPA and DHA levels are significant. High-Intensity Support products are intended for patients challenged by cardiovascular issues and other chronic conditions, or for those looking for more omegas in a smaller serving.

TARGETED SUPPORT

Concentrates Dominant in EPA or DHA



Products in the Targeted Support category are concentrated omega-3s and have high levels of either EPA or DHA for patients with targeted health needs. For example, high levels of DHA are indicated to support pregnancy, brain health, and eye health.* High EPA levels have been shown to help maintain healthy triglyceride levels and offer mood support.*

MAINTENANCE SUPPORT

Non-Concentrates & Blends



Products in the Maintenance Support category are non-concentrated omega-3s, and deliver at least 500 mg of naturally occurring EPA+DHA per serving, in line with the expert-recommended daily minimum. Maintenance Support products are made from fish oil with EPA/DHA ratios as they occur in nature. They are intended for healthy patients who eat a minimum of two servings of oily, cold-water fish per week.

CONDITION-SPECIFIC SUPPORT

Concentrates Plus Condition-Specific Nutrients



Products in the Condition-Specific Support category are concentrated omega-3s that deliver high levels of EPA and DHA blended with condition-specific nutrients, for a combined effect that is greater than each nutrient taken individually.* These synergistic blends offer patients single-formula convenience, cost savings, and improved results.

PEDIATRIC SUPPORT

Children's Products



Products in the Pediatric Support category offer unique delivery options and dosing tailored to children at various stages of growth and development. Made with delicious all-natural fruit flavors, they please even the pickiest palates to help ensure compliance.

ULTRA-CONCENTRATED, HIGHLY-ABSORBABLE OMEGA-3 NUTRITION

Omega-3s EPA and DHA are critical to foundational health.* Naturally abundant in the cell membrane, they play a role in modulating nearly every cellular activity.* But most people don't get enough of these and other foundational nutrients that cells need to stay well nourished.

We formulated our ProOmega® 2000 family of ultra-concentrated fish oils to make it easy for patients to get highly-effective amounts of pure omega-3 fish oil in a single serving. This compliance-friendly formula is also available with 1000 IU added vitamin D3, a nutrient that's equally vital to cell health.*

- ✓ **80% concentration=**
Highest-potency EPA+DHA in fewer soft gels
- ✓ **90+% triglyceride form=**
Superior absorption for maximum results
- ✓ **100% proprietary=**
Only available from Nordic Naturals



ProOmega® 2000

soft gels

1250 mg soft gel

60 count (30 servings)—*lemon* (12138)

120 count (60 servings)—*lemon* (12137)

- 2000 mg EPA+DHA per serving
- Highest-concentration, triglyceride-form omega oil
- Unmatched support for heart, brain, and immune health*

With nearly double the omega-3s as our best-selling ProOmega, ProOmega 2000 is our breakthrough 80% omega-3 oil concentrate, delivered in the highly absorbable, 90+% triglyceride molecular form. In a slightly larger soft gel, this powerful concentrate is ideal for patients requiring the highest levels of EPA+DHA.

ProOmega® 2000-D

soft gels

1250 mg soft gel

60 count (30 servings)—*lemon* (12134)

120 count (60 servings)—*lemon* (12135)

- 2000 mg EPA+DHA
- 1000 IU of natural vitamin D3 per serving

ProOmega 2000-D offers all the concentrated omega-3 benefits of ProOmega 2000, plus an additional 1000 IU of natural vitamin D3 (cholecalciferol) per serving. This compliance-friendly formula meets the daily recommendation for patients who don't receive adequate sun exposure.

Supplement Facts

Serving Size: 2 Soft Gels

| Amount Per Serving | % Daily Value* | |
|-----------------------------|----------------|----|
| Calories | 25 | |
| Calories from fat | 25 | |
| Total Fat | 2.5 g | 4% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Total Omega-3s | 2150 mg | † |
| EPA (Eicosapentaenoic Acid) | 1125 mg | † |
| DHA (Docosahexaenoic Acid) | 875 mg | † |
| Other Omega-3s | 150 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

Supplement Facts

Serving Size: 2 Soft Gels

| Amount Per Serving | % Daily Value* | |
|------------------------------|----------------|------|
| Calories | 25 | |
| Calories from fat | 25 | |
| Total Fat | 2.5 g | 4% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Vitamin D3 (cholecalciferol) | 1000 I.U. | 250% |
| Total Omega-3s | 2150 mg | † |
| EPA (Eicosapentaenoic Acid) | 1125 mg | † |
| DHA (Docosahexaenoic Acid) | 875 mg | † |
| Other Omega-3s | 150 mg | † |

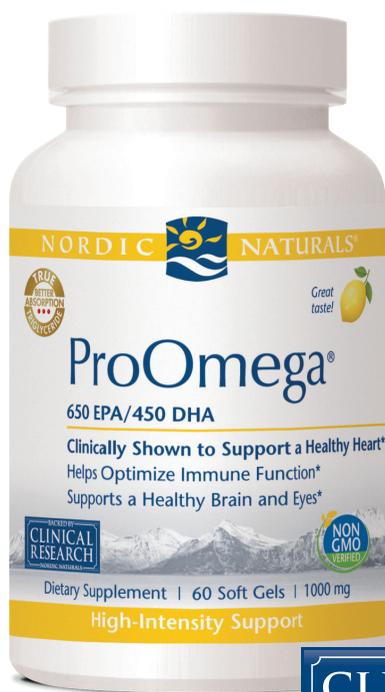
* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, vitamin D3 (cholecalciferol in olive oil), rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

A Randomized Clinical Trial to Determine the Efficacy of Omega-3 Fatty Acids from Four Leading Omega-3 Products



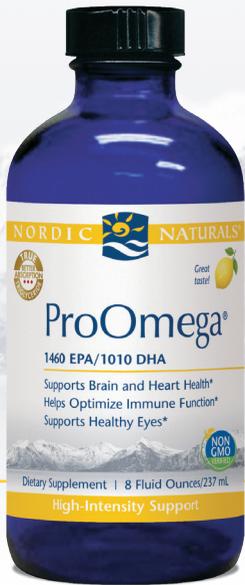
Results show ProOmega® provides greater increase in blood levels of EPA and DHA.

47% *more effective than ethyl ester fish oil*

227% *more effective than salmon oil*

382% *more effective than krill oil*





Clinically shown to support a healthy heart*

Available in fish gelatin soft gels



ProOmega® liquid & soft gels

8 oz. (48 servings) glass bottle—lemon (12126)

- 1000 mg soft gel
- 60 count (30 servings)—lemon (12120)
- 120 count (60 servings)—lemon (13120)
- 180 count (90 servings)—lemon (14120)
- 60 count (30 servings)—lemon in fish gelatin (12121)

- Promotes brain and heart health*
- Helps optimize immune function*
- Supports healthy eyes*

Our most popular concentrate, ProOmega offers high-intensity support for cardiovascular and neurological health.* Without solicitation, doctors and researchers worldwide consistently choose and recommend this powerful formula. Concentrated ProOmega delivers more omega-3s per serving than most other omega-3 products.

Supplement Facts

| Serving Size: 1 Teaspoon (5 ml) | |
|---------------------------------|----------------|
| Amount Per Serving | % Daily Value* |
| Calories | 45 |
| Calories from fat | 45 |
| Total Fat | 5 g 8% |
| Saturated Fat | 0.2 g 1% |
| Trans Fat | 0 g † |
| Cholesterol | 10 mg 3% |
| Total Omega-3s | 2840 mg † |
| EPA (Eicosapentaenoic Acid) | 1460 mg † |
| DHA (Docosahexaenoic Acid) | 1010 mg † |
| Other Omega-3s | 370 mg † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Ingredients: purified deep sea fish oil (from anchovies and sardines), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.

Supplement Facts

| Serving Size: 2 Soft Gels | |
|-----------------------------|----------------|
| Amount Per Serving | % Daily Value* |
| Calories | 20 |
| Calories from fat | 20 |
| Total Fat | 2.0 g 3% |
| Saturated Fat | 0.1 g 1% |
| Trans Fat | 0 g † |
| Total Omega-3s | 1280 mg † |
| EPA (Eicosapentaenoic Acid) | 650 mg † |
| DHA (Docosahexaenoic Acid) | 450 mg † |
| Other Omega-3s | 180 mg † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.

ProOmega in fish gelatin

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (fish gelatin from tilapia, glycerin, water, natural lemon flavor), d-alpha tocopherol, natural lemon flavor, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.

High EPA & DHA Concentrates



ProOmega®-D soft gels

1000 mg soft gel
60 count (30 servings)—lemon (12124)
120 count (60 servings)—lemon (13124)
180 count (90 servings)—lemon (14124)

- Promotes brain and heart health*
- Helps optimize immune function*
- Provides 1000 IU of natural vitamin D3

The same great concentrated EPA+DHA formula as our ProOmega®, with added natural vitamin D3 for supporting healthy bones, mood, and immunity.*

ProOmega®-D Xtra liquid

8 oz. (48 servings) glass bottle—lemon (11783)

- 2:1 EPA to DHA ratio
- Supports heart, immune, and brain health*
- Added natural vitamin D3 for bone support*

ProOmega-D Xtra contains 23% more EPA per serving than our leading concentrate, for patients with higher EPA needs. It also includes 1000 IU of natural vitamin D3 per serving for bone, mood, and immune support.*

| Supplement Facts | | |
|------------------------------|-----------|----------------|
| Serving Size: 2 Soft Gels | | |
| Amount Per Serving | | % Daily Value* |
| Calories | 20 | |
| Calories from fat | 20 | |
| Total Fat | 2.0 g | 3% |
| Saturated Fat | 0.1 g | 1% |
| Trans Fat | 0 g | † |
| Vitamin D3 (cholecalciferol) | 1000 I.U. | 250% |
| Total Omega-3s | 1280 mg | † |
| EPA (Eicosapentaenoic Acid) | 650 mg | † |
| DHA (Docosahexaenoic Acid) | 450 mg | † |
| Other Omega-3s | 180 mg | † |

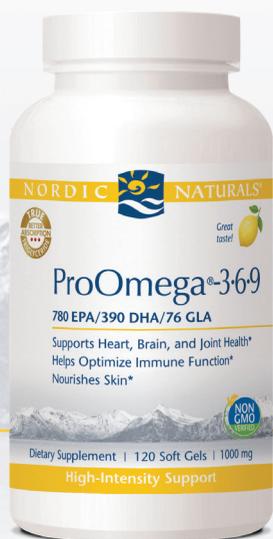
* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, vitamin D3 (cholecalciferol in olive oil), rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.

| Supplement Facts | | |
|---------------------------------|-----------|----------------|
| Serving Size: 1 Teaspoon (5 mL) | | |
| Amount Per Serving | | % Daily Value* |
| Calories | 45 | |
| Calories from fat | 45 | |
| Total Fat | 5 g | 8% |
| Saturated Fat | 0.2 g | 1% |
| Trans Fat | 0 g | † |
| Vitamin D3 (cholecalciferol) | 1000 I.U. | 250% |
| Total Omega-3s | 3400 mg | † |
| EPA (Eicosapentaenoic Acid) | 1950 mg | † |
| DHA (Docosahexaenoic Acid) | 975 mg | † |
| Other Omega-3s | 475 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative), vitamin D3 (cholecalciferol in olive oil).
No gluten, milk derivatives, or artificial colors or flavors.



ProOmega®-3.6.9

soft gels

1000 mg soft gel

120 count (60 servings)—*lemon* (12128)

- Supports heart, immune, and brain health*
- Promotes healthy skin*

ProOmega-3.6.9 provides high-intensity, full-spectrum essential fatty acid support by combining concentrated omega-3s EPA and DHA from fish oil with GLA from borage oil, and omega-9. GLA is a beneficial omega-6 fatty acid that helps maintain optimal fat metabolism. This enhanced formulation offers high levels of support for cardiovascular function, metabolism, brain health, and positive mood.*

Supplement Facts

| Serving Size: 2 Soft Gels | | |
|-----------------------------|----------------|----|
| Amount Per Serving | % Daily Value* | |
| Calories | 20 | |
| Calories from fat | 20 | |
| Total Fat | 2.0 g | 3% |
| Saturated Fat | 0.1 g | 1% |
| Trans Fat | 0 g | † |
| Omega-3s | 1360 mg | † |
| EPA (Eicosapentaenoic Acid) | 780 mg | † |
| DHA (Docosahexaenoic Acid) | 390 mg | † |
| Other Omega-3s | 190 mg | † |
| Omega-6s | 285 mg | † |
| GLA (Gamma-Linolenic Acid) | 76 mg | † |
| Omega-9s | 120 mg | † |
| OA (Oleic Acid) | 90 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, purified water, natural lemon flavor), borage seed oil (*borago officinalis*), d-alpha tocopherol, natural lemon flavor, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.



Prenatal DHA soft gels

500 mg soft gel

90 count (45 servings)—unflavored (50094)

- Supports brain, eye, and nervous system function in developing babies*
- Immunity and mood support for moms throughout all stages of pregnancy*

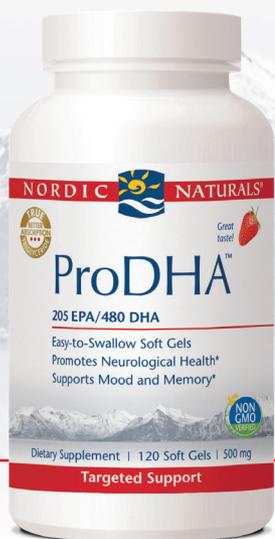
Prenatal DHA is the ideal supplement before, during, and after pregnancy, providing safe and effective omega-3 nutrition for both moms and babies.* This concentrated fish oil formula delivers 480 mg of DHA and 400 IU of vitamin D3 per serving in easy-to-swallow soft gels.

Supplement Facts

| Serving Size: 2 Soft Gels | | |
|------------------------------|----------|----------------|
| Amount Per Serving | | % Daily Value* |
| Calories | 10 | |
| Calories from fat | 10 | |
| Total Fat | 1.0 g | 2% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Vitamin D3 (cholecalciferol) | 400 I.U. | 100% |
| Total Omega-3s | 830 mg | † |
| EPA (Eicosapentaenoic Acid) | 205 mg | † |
| DHA (Docosahexaenoic Acid) | 480 mg | † |
| Other Omega-3s | 145 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water), d-alpha tocopherol, vitamin D3 (cholecalciferol in olive oil).
No gluten, milk derivatives, or artificial colors or flavors.



ProDHA™

soft gels

500 mg soft gel

120 count (60 servings)—strawberry (51090)

- Easy-to-swallow soft gels
- Promotes neurological health*
- Supports mood and memory*

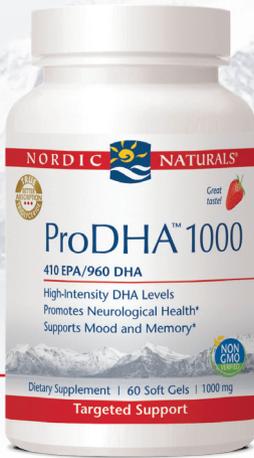
This concentrated fish oil formula delivers 480 mg of DHA per serving in easy-to-swallow soft gels.

Supplement Facts

| Serving Size: 2 Soft Gels | | |
|-----------------------------|----------------|----|
| Amount Per Serving | % Daily Value* | |
| Calories | 10 | |
| Calories from fat | 10 | |
| Total Fat | 1 g | 2% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Total Omega-3s | 830 mg | † |
| EPA (Eicosapentaenoic Acid) | 205 mg | † |
| DHA (Docosahexaenoic Acid) | 480 mg | † |
| Other Omega-3s | 145 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
 Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural strawberry flavor), natural strawberry flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
 No gluten, milk derivatives, or artificial colors or flavors.



ProDHA™ 1000

soft gels

1000 mg soft gel

60 count (30 servings)—*strawberry (50089)*

120 count (60 servings)—*strawberry (01746)*

- Our same concentrated DHA formula in larger soft gels, for twice the DHA
- High-intensity support for mood, memory, and neurological health*
- Concentrated DHA for therapeutic applications*

ProDHA 1000 is the same concentrated DHA formula in a larger, 1000 mg soft gel, perfect for anyone needing high-intensity cognitive support.* DHA is an essential nutrient for maintaining cellular fluidity, and supports memory, healthy vision, and emotional well-being.*

Supplement Facts

| Serving Size: 2 Soft Gels | | |
|-----------------------------|---------|----------------|
| Amount Per Serving | | % Daily Value* |
| Calories | 20 | |
| Calories from fat | 20 | |
| Total Fat | 2.0 g | 3% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Total Omega-3s | 1660 mg | † |
| EPA (Eicosapentaenoic Acid) | 410 mg | † |
| DHA (Docosahexaenoic Acid) | 960 mg | † |
| Other Omega-3s | 290 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
 Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural strawberry flavor), natural strawberry flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
 No gluten, milk derivatives, or artificial colors or flavors.



ProEPA™ with Concentrated GLA soft gels

1000 mg soft gel

60 count (30 servings)—*lemon (03090)*

- 70% concentrated GLA from borage seed
- Synergistic blend enhances targeted support*
- For heart, neurological, and immune health*
- Supports healthy skin*

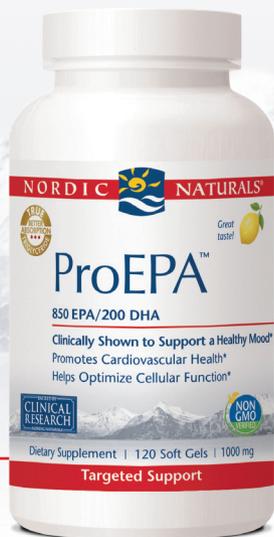
ProEPA with concentrated GLA blends EPA fish oil and GLA borage oil to provide targeted support for cardiovascular, neurological, and immunological health, as well as healthy skin.*

Supplement Facts

| Serving Size: 2 Soft Gels | | |
|-----------------------------|---------|----------------|
| Amount Per Serving | | % Daily Value* |
| Calories | 20 | |
| Calories from fat | 20 | |
| Total Fat | 2 g | 3% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Omega-3s | 1217 mg | † |
| EPA (Eicosapentaenoic Acid) | 850 mg | † |
| DHA (Docosahexaenoic Acid) | 220 mg | † |
| Other Omega-3s | 147 mg | † |
| Omega-6s | 396 mg | † |
| GLA (Gamma-Linolenic Acid) | 257 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Less than 5 mg of Cholesterol per serving.
Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), borage seed oil (*borago officinalis*), α -alpha tocopherol, natural lemon flavor, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.



*Clinically Shown to Support a Healthy Mood**



ProEPA™
soft gels

1000 mg soft gel

120 count (60 servings)—*lemon (08060)*

180 count (90 servings)—*lemon (08061)*

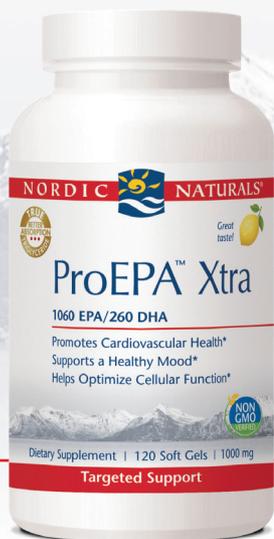
- Promotes cardiovascular health*
- Supports gastrointestinal health*
- Clinically shown to support a healthy mood*

This concentrated fish oil formula delivers 850 mg EPA per serving for targeted omega-3 support. Research shows that EPA promotes cardiovascular health, joint mobility, proper immune function, and gastrointestinal health.* EPA has also been shown to support a healthy mood.*

| Supplement Facts | | |
|-----------------------------|---------|----------------|
| Serving Size: 2 Soft Gels | | |
| Amount Per Serving | | % Daily Value* |
| Calories | 20 | |
| Calories from fat | 20 | |
| Total Fat | 2.0 g | 3% |
| Saturated Fat | 0.2 g | 1% |
| Trans Fat | 0 g | † |
| Total Omega-3s | 1210 mg | † |
| EPA (Eicosapentaenoic Acid) | 850 mg | † |
| DHA (Docosahexaenoic Acid) | 200 mg | † |
| Other Omega-3s | 160 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.



ProEPA™ Xtra soft gels

1000 mg soft gel
120 count (60 servings)—lemon (07063)

- Highly concentrated EPA formula
- Promotes cardiovascular health*
- Supports gastrointestinal and mood health*
- Helps optimize immune function*

One of our most concentrated formulas, ProEPA Xtra contains high levels of EPA for those needing intensive support.

Supplement Facts

| Serving Size: 2 Soft Gels | | |
|-----------------------------|----------------|----|
| Amount Per Serving | % Daily Value* | |
| Calories | 20 | |
| Calories from fat | 20 | |
| Total Fat | 2 g | 3% |
| Saturated Fat | 0.2 g | 1% |
| Trans Fat | 0 g | † |
| Total Omega-3s | 1640 mg | † |
| EPA (Eicosapentaenoic Acid) | 1060 mg | † |
| DHA (Docosahexaenoic Acid) | 260 mg | † |
| Other Omega-3s | 320 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.



Arctic Omega™ liquid & soft gels

8 oz. (48 servings) glass bottle—*lemon* (04103)

1000 mg soft gel
180 count (90 servings)—*lemon* (04101)

- Supports healthy levels of omega-3*
- Heart, brain, and immune support*

A non-concentrated formula with all of its constituents present in a wholesome, natural balance, Arctic Omega is a great way to maintain healthy levels of EPA+DHA. Exceeds international, expert-recommended 500 mg daily minimum.

Balanced Omega™ soft gels

830 mg soft gel
180 count (90 servings)—*lemon* (50501)

- Supports hormonal balance and healthy skin*
- An ideal companion to any Nordic Naturals fish oil product

A GLA-focused formula made from evening primrose oil, combined with low levels of marine omega-3s from fish oil. We recommend that this formula be taken in conjunction with any Nordic Naturals omega-3 product.

| Supplement Facts | |
|---------------------------------|----------------|
| Serving Size: 1 Teaspoon (5 ml) | |
| Amount Per Serving | % Daily Value* |
| Calories | 45 |
| Calories from fat | 45 |
| Total Fat | 5.0 g 8% |
| Saturated Fat | 1.5 g 8% |
| Trans Fat | 0 g † |
| Total Omega-3s | 1560 mg † |
| EPA (Eicosapentaenoic Acid) | 745 mg † |
| DHA (Docosahexaenoic Acid) | 500 mg † |
| Other Omega-3s | 315 mg † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.

| Supplement Facts | |
|-----------------------------|----------------|
| Serving Size: 2 Soft Gels | |
| Amount Per Serving | % Daily Value* |
| Calories | 20 |
| Calories from fat | 20 |
| Total Fat | 2.0 g 3% |
| Saturated Fat | 0.6 g 3% |
| Trans Fat | 0 g † |
| Total Omega-3s | 690 mg † |
| EPA (Eicosapentaenoic Acid) | 330 mg † |
| DHA (Docosahexaenoic Acid) | 220 mg † |
| Other Omega-3s | 140 mg † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.

| Supplement Facts | |
|--------------------------------|----------------|
| Serving Size: 2 Soft Gels | |
| Amount Per Serving | % Daily Value* |
| Calories | 15 |
| Calories from fat | 15 |
| Total Fat | 1.5 g 2% |
| Saturated Fat | 0 g 0% |
| Trans Fat | 0 g † |
| Total Omega-3s | 500 mg † |
| EPA (Eicosapentaenoic Acid) | 240 mg † |
| DHA (Docosahexaenoic Acid) | 160 mg † |
| Other Omega-3s | 100 mg † |
| Evening Primrose Oil | 800 mg † |
| Gamma-Linolenic Acid (Omega-6) | 76 mg † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), evening primrose oil, soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.



Arctic Cod Liver Oil™

liquid & soft gels

16 oz. (96 servings) glass bottle—orange (54786)

1000 mg soft gel

180 count (60 servings)—lemon (57884)

- Made from 100% wild Arctic cod (Skrei)
- Supports heart and brain health*
- Exceptional freshness and taste improve compliance

The fish oil that started it all, Arctic Cod Liver Oil (CLO) has always been derived from 100% wild Arctic cod—no other fish oils or synthetic additives are ever used. The hallmark of achievement for Nordic Naturals is the uniqueness of our vertically integrated Arctic Cod Liver Oil. By managing every step of the supply chain, we ensure the exceptional quality, safety, and sustainability of our products, from boat to bottle.

Supplement Facts

| Serving Size: 1 Teaspoon (5 mL) | | | |
|---------------------------------|--------------|-------------------|--------------------|
| Amount Per Serving | | % DV ¹ | % DV ^{2*} |
| Calories | 45 | | |
| Calories from fat | 45 | | |
| Total Fat | 5.0 g | † | 8% |
| Saturated Fat | 1.0 g | † | 5% |
| Trans Fat | 0 g | † | † |
| Cholesterol | 20 mg | † | 7% |
| Vitamin A | 230–920 I.U. | 9–37% | 5–18% |
| Vitamin D | 0–20 I.U. | 0–5% | 0–5% |
| Total Omega-3s | 1060 mg | † | † |
| EPA (Eicosapentaenoic Acid) | 340 mg | † | † |
| DHA (Docosahexaenoic Acid) | 510 mg | † | † |
| Other Omega-3s | 210 mg | † | † |

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
 1 Daily Value (DV) for children under 4 years of age.
 2 Daily Value (DV) for adults and children over 4 years of age.

Ingredients: purified arctic cod liver oil, natural orange flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
 No gluten, milk derivatives, or artificial colors or flavors.

Supplement Facts

| Serving Size: 3 Soft Gels | | | |
|-----------------------------|--------------|----------------|-------|
| Amount Per Serving | | % Daily Value* | |
| Calories | 25 | | |
| Calories from fat | 25 | | |
| Total Fat | 3 g | | 5% |
| Saturated Fat | 0.6 g | | 3% |
| Trans Fat | 0 g | | † |
| Cholesterol | 10 mg | | 3% |
| Vitamin A | 150–600 I.U. | | 3–12% |
| Vitamin D | 0–12 I.U. | | 0–3% |
| Total Omega-3s | 750 mg | | † |
| EPA (Eicosapentaenoic Acid) | 240 mg | | † |
| DHA (Docosahexaenoic Acid) | 360 mg | | † |
| Other Omega-3s | 150 mg | | † |

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.

Ingredients: purified arctic cod liver oil, soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
 No gluten, milk derivatives, or artificial colors or flavors.



ProEFA® -3.6.9
liquid & soft gels

8 oz. (48 servings) glass bottle—*lemon* (04092)

1000 mg soft gel

90 count (45 servings)—*lemon* (03091)

180 count (90 servings)—*lemon* (04091)

- A healthy balance of omegas 3, 6, and 9
- Supports heart health, brain health, and immunity*
- Supports healthy skin*

ProEFA-3.6.9 blends non-concentrated EPA and DHA from fish oil with GLA from borage oil in easy-to-swallow soft gels and liquid.

| Supplement Facts | | |
|---------------------------------|---------|----------------|
| Serving Size: 1 Teaspoon (5 mL) | | |
| Amount Per Serving | | % Daily Value* |
| Calories | 45 | |
| Calories from fat | 45 | |
| Total Fat | 5.0 g | 8% |
| Saturated Fat | 1.0 g | 5% |
| Trans Fat | 0 g | † |
| Omega-3s | 1270 mg | † |
| EPA (Eicosapentaenoic Acid) | 610 mg | † |
| DHA (Docosahexaenoic Acid) | 405 mg | † |
| Other Omega-3s | 255 mg | † |
| Omega-6s | 500 mg | † |
| GLA (Gamma-Linolenic Acid) | 170 mg | † |
| Omega-9s | 500 mg | † |
| OA (Oleic Acid) | 400 mg | † |

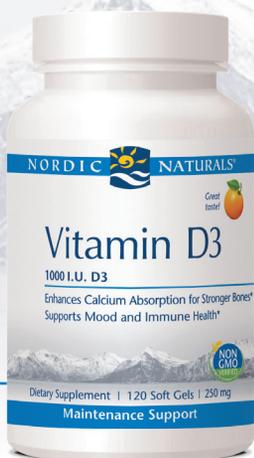
* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), borage seed oil (borage *officinalis*), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.

| Supplement Facts | | |
|-----------------------------|--------|----------------|
| Serving Size: 2 Soft Gels | | |
| Amount Per Serving | | % Daily Value* |
| Calories | 20 | |
| Calories from fat | 20 | |
| Total Fat | 2.0 g | 3% |
| Saturated Fat | 0.4 g | 2% |
| Trans Fat | 0 g | † |
| Omega-3s | 565 mg | † |
| EPA (Eicosapentaenoic Acid) | 270 mg | † |
| DHA (Docosahexaenoic Acid) | 180 mg | † |
| Other Omega-3s | 115 mg | † |
| Omega-6s | 240 mg | † |
| GLA (Gamma-Linolenic Acid) | 70 mg | † |
| Omega-9s | 225 mg | † |
| OA (Oleic Acid) | 180 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), borage seed oil (borage *officinalis*), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.



Vitamin D3

soft gels

250 mg soft gel

120 count (120 servings)—orange (01601)

- Supports calcium absorption for healthy bones*
- Helps regulate immunity, mood, and sleep rhythms*

Vitamin D3 delivers 1000 IU natural vitamin D3 in a carrier of extra virgin olive oil. Perfect for those who wear sunblock, or spend most of their time indoors.

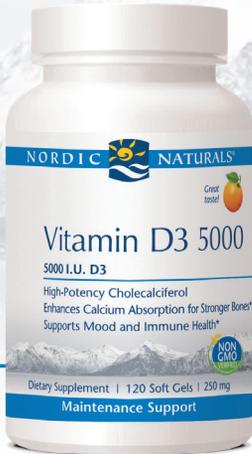
Supplement Facts

Serving Size: 1 Soft Gel

| Amount Per Serving | % Daily Value* | |
|------------------------------|----------------|------|
| Vitamin D3 (cholecalciferol) | 1000 I.U. | 250% |

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: extra virgin olive oil, soft gel capsule (gelatin, glycerin, purified water, natural orange flavor), d-alpha tocopherol, vitamin D3 (cholecalciferol in olive oil), natural orange flavor, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.



Vitamin D3 5000 *soft gels*

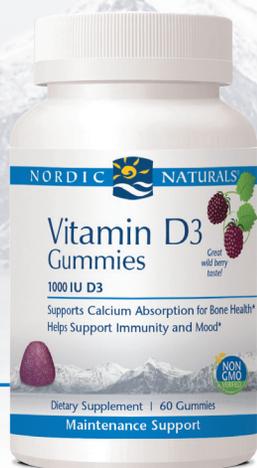
250 mg soft gel
120 count (120 servings)—*orange (01619)*

- 5000 IU of vitamin D3 in each serving
- Delicious natural orange flavor
- Surpasses the daily recommendation for adults who do not receive adequate sun exposure
- Enhances calcium absorption for bone health*
- Supports immune system function*
- Helps regulate mood and sleep rhythms*

Vitamin D3 5000 is Nordic Naturals’ signature high-potency vitamin D product, suitable for clinical applications intended to correct or avoid vitamin D deficiency, or to fast track support for overall health and wellness.*

| Supplement Facts | | |
|------------------------------|----------------|-------|
| Serving Size: 1 Soft Gel | | |
| Amount Per Serving | % Daily Value* | |
| Vitamin D3 (cholecalciferol) | 5000 I.U. | 1250% |

* Percent Daily Values are based on a 2,000 calorie diet.
Ingredients: extra virgin olive oil, soft gel capsule (gelatin, glycerin, purified water, natural orange flavor), d-alpha tocopherol, vitamin D3 (cholecalciferol in olive oil), natural orange flavor, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.



Vitamin D3 Gummies

gummies

60 count (60 servings)—*wild berry* (31145)
 120 count (120 servings)—*wild berry* (31146)

- Great-tasting wild berry flavor
- No artificial coloring, flavoring, or preservatives
- Supports calcium absorption for healthy bones*
- Supports immune system function*
- Helps regulate mood and sleep rhythms*

Nordic Naturals Vitamin D3 Gummies provides 1000 IU of vitamin D in each serving. These great-tasting vitamins are made from cholecalciferol, the natural form of vitamin D, preferred for optimal absorption.* Research shows that vitamin D promotes the body's absorption of calcium and phosphorous, minerals that are critical for bone health.* Vitamin D also supports the immune system, and the hormones that regulate mood and sleep.*

Supplement Facts

| Serving Size: 1 Gummy | | |
|------------------------------|----------------|------|
| Amount Per Serving | % Daily Value* | |
| Calories | 10 | |
| Total Carbohydrate | 2 g | 1% |
| Sugars | 1 g | † |
| Vitamin D3 (cholecalciferol) | 1000 IU | 250% |

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.

Other Ingredients: organic cane sugar, organic tapioca syrup, pectin, citric acid, fumaric acid, fruit juice concentrate (for color), natural flavor.

No gluten, milk derivatives, or artificial colors or flavors, gelatin-free.



ProOmega® CRP

soft gels

1250 mg soft gel

90 count (30 servings)—(03125)

- Promotes cellular recovery by addressing oxidative stress*
- Promotes healthy metabolic balance*
- Supports cardiovascular and immune health*
- Highly bioavailable ingredients

ProOmega CRP offers a powerful combination of concentrated omega-3 fish oil plus optimized curcumin, L-Glutathione, and N-Acetylcysteine (NAC) to achieve complete functional support for long-term health.*

Superior Synergistic Ingredients

Concentrated Omega-3 Fish Oil (1260 mg EPA+DHA)

90+% triglyceride form. Critical to cell membrane integrity and healthy cell signaling.*

Optimized Curcumin (600 mg)

Free-form, patented LONGVIDA® curcumin. Over 65X more bioavailable.

L-Glutathione (225 mg)

Adds potent antioxidant and detoxification support.*

N-Acetylcysteine (NAC) (300 mg)

Boosts L-Glutathione levels, scavenges free radicals, and supports detoxification.*

Supplement Facts

| Amount Per Serving | | % Daily Value* |
|--|---------|----------------|
| Serving Size: 3 Soft Gels | | |
| Calories | 30 | |
| Calories from fat | 25 | |
| Total Fat | 3 g | 5% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Cholesterol | 5 mg | 2% |
| Longvida® Optimized Curcumin Extract (Curcumin longa root) | 600 mg | † |
| N-Acetyl-L-cysteine | 300 mg | † |
| Reduced L-Glutathione | 225 mg | † |
| Total Omega-3s | 1500 mg | † |
| EPA (Eicosapentaenoic Acid) | 735 mg | † |
| DHA (Docosahexaenoic Acid) | 525 mg | † |
| Other Omega-3s | 240 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 1 g Total Carbohydrates per serving.

Other Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, carotol color, natural lemon flavor), beeswax, stearic acid, malto-dextrin, soy lecithin, d-alpha-tocopherol, rosemary extract (a natural preservative). No gluten, milk derivatives, or artificial colors or flavors.



ProDHA™ Memory

soft gels

975 mg soft gel

60 count (30 servings)—*unflavored (03130)*

- Synergistic blend of omega-3s, optimized curcumin, and key nutrients for brain health*
- Supports cognitive clarity and memory function*
- Helps protect neurons and their support cells for optimal neurological health*

ProDHA Memory is a DHA-rich formula that supports brain health in a blend of four potent nutrients: concentrated omega-3 fish oil, optimized LONGVIDA® curcumin, phosphatidylcholine, and huperzine A.* Omega-3 EPA+DHA, along with phosphatidylcholine, support the structure and function of brain cells.* Optimized curcumin and huperzine A aid in neural communication and support cellular health by modulating the effects of oxidative stress.*

Bioavailability Breakthrough

Scientific researchers at UCLA developed a patented delivery system to improve the way curcumin is assimilated by the body. This optimized form of curcumin is 65 times more absorbable than other popular forms, promoting rapid uptake and sustained bioactivity.

Supplement Facts

| Serving Size: 2 Soft Gels | | |
|---|----------------|----|
| Amount Per Serving | % Daily Value* | |
| Calories | 15 | |
| Calories from fat | 15 | |
| Total Fat | 1.5 g | 2% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Cholesterol | 15 mg | 5% |
| Longvida® Optimized Curcumin Extract (Curcuma longa root) | 400 mg | † |
| Phosphatidylcholine (from Herring Roe) | 100 mg | † |
| Huperzine A (Huperzia serrata whole plant) | 25 mcg | † |
| Total Omega-3s | 1000 mg | † |
| EPA (Eicosapentaenoic Acid) | 280 mg | † |
| DHA (Docosahexaenoic Acid) | 560 mg | † |
| Other Omega-3s | 160 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
Other Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, carob color, natural lemon flavor), herring roe extract, beeswax, stearic acid, soy lecithin, maltodextrin, d-alpha tocopherol, rosemary extract (a natural preservative).
 No gluten, milk derivatives, or artificial colors or flavors.

LONGVIDA® is patent protected under US9192644 and EP 1993365 and a registered trademark of Verdure Sciences Inc.



*Did you know?
Every batch of our red yeast rice is tested
for and free of Citrinin.*

ProOmega® CoQ10

soft gels

1000 mg soft gel

60 count (30 servings)—(12130)

120 count (60 servings)—(13130)

- Synergistic heart support*
- Promotes brain and neurological health*

CoQ10 levels have been shown to decrease with age and in people taking statins.* ProOmega CoQ10 not only helps maintain CoQ10 levels, but also helps supply the heart with the ATP it needs.*

ProOmega® LDL

soft gels

1000 mg soft gel

180 count (60 servings)—(14160)

- 1200 mg organic Red Yeast Rice
- Supports healthy blood vessel function*
- Helps keep cholesterol and triglyceride levels healthy*

EPA and DHA work in synergy with the powerful lipid-metabolizing action of red yeast rice (a natural, red-pigmented yeast grown on rice) and CoQ10 to promote the metabolism of dietary fat and cholesterol, support healthy blood vessel function, and provide antioxidant protection from damaging free radicals.*

Supplement Facts

Serving Size: 2 Soft Gels

| Amount Per Serving | % Daily Value** | |
|-----------------------------|-----------------|----|
| Calories | 20 | |
| Calories from fat | 20 | |
| Total Fat | 2 g | 3% |
| Saturated Fat | 0.1 g | 1% |
| Trans Fat | 0 g | † |
| Coenzyme Q10 (ubiquinone) | 100 mg | † |
| Total Omega-3s | 1280 mg | † |
| EPA (Eicosapentaenoic Acid) | 650 mg | † |
| DHA (Docosahexaenoic Acid) | 450 mg | † |
| Other Omega-3s | 180 mg | † |

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, purified water, carob color, natural lemon flavor), coenzyme Q10, beeswax, d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

Supplement Facts

Serving Size: 3 Soft Gels

| Amount Per Serving | % Daily Value* | |
|-----------------------------|----------------|----|
| Calories | 15 | |
| Calories from fat | 15 | |
| Total Fat | 1.8 g | 3% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Red Yeast Rice Powder | 1200 mg | † |
| Coenzyme Q10 | 30 mg | † |
| Total Omega-3s | 1152 mg | † |
| EPA (Eicosapentaenoic Acid) | 585 mg | † |
| DHA (Docosahexaenoic Acid) | 405 mg | † |
| Other Omega-3s | 162 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, purified water, carob color, natural lemon flavor), red yeast rice powder, beeswax, d-alpha tocopherol, coenzyme Q10, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.



ProOmega® Blood Sugar

soft gels

1000 mg soft gel

60 count (30 servings)—(12170)

- Concentrated omega-3s with alpha-lipoic acid and chromium
- Supports normal insulin and glucose levels*

This synergistic formula combines concentrated omega-3 EPA and DHA with two other important nutrients that play key roles in maintaining insulin action and glucose balance, in one targeted formula.*

| Supplement Facts | | |
|------------------------------------|----------------|------|
| Serving Size: 2 Soft Gels | | |
| Amount Per Serving | % Daily Value* | |
| Calories | 15 | |
| Calories from fat | 10 | |
| Total Fat | 1.4 g | 2% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Chromium | 200 µg | 167% |
| (as Chromium Nicotinate Glycinate) | | |
| Alpha-Lipoic Acid | 300 mg | † |
| Total Omega-3s | 896 mg | † |
| EPA (Eicosapentaenoic Acid) | 455 mg | † |
| DHA (Docosahexaenoic Acid) | 315 mg | † |
| Other Omega-3s | 126 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
 ‡ Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, purified water, carob color, natural lemon flavor), alpha-lipoic acid, beeswax, d-alpha tocopherol, chromium, rosemary extract (a natural preservative).
 No gluten, milk derivatives, or artificial colors or flavors.



ProOmega® Joint Xtra

soft gels

1000 mg soft gel

90 count (30 servings)—(12141)

- Omega-3 with glucosamine sulfate and UC-II® natural collagen
- Supports joint comfort and mobility*
- Supports the repair of cartilage and the rebuilding of healthy joints*

ProOmega Joint Xtra combines double-strength EPA+DHA fish oil, glucosamine sulfate, and UC-II collagen, the primary form of collagen found in joint cartilage, to promote joint comfort and mobility in adults of all ages.*

ProDHA Eye®

soft gels

1000 mg soft gel

60 count (30 servings)—(50095)

120 count (60 servings)—(50097)

- DHA-rich, concentrated omega-3s plus high levels of FloraGLO® lutein and zeaxanthin
- Supports brain and visual function*

ProDHA Eye, with FloraGLO lutein, is specifically formulated to protect eyes and support healthy vision by combining concentrated omega-3s with natural carotenoids lutein and zeaxanthin.* This unique blend supports eye health while also protecting against damaging ultraviolet blue light.*

| Supplement Facts | |
|-------------------------------|----------------|
| Serving Size: 3 Soft Gels | |
| Amount Per Serving | % Daily Value* |
| Calories | 25 |
| Calories from fat | 20 |
| Total Fat | 2 g 3% |
| Saturated Fat | 0 g 0% |
| Trans Fat | 0 g † |
| Total Carbohydrate | 2 g 0% |
| Glucosamine Sulfate | 1500 mg † |
| UC-II® Standardized Cartilage | 40 mg † |
| Total Collagen | 10 mg † |
| Total Omega-3s | 1065 mg † |
| EPA (Eicosapentaenoic Acid) | 540 mg † |
| DHA (Docosahexaenoic Acid) | 360 mg † |
| Other Omega-3s | 165 mg † |

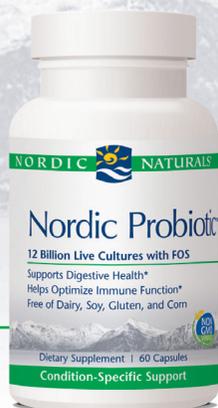
* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
 Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, purified water, carab color, natural lemon flavor), glucosamine sulfate (from non-GMO, organic corn), beeswax, UC-II® standardized chicken cartilage, vitamin E (d-alpha tocopherol), rosemary extract (a natural preservative), potassium chloride (stabilizer). No gluten, milk derivatives, or artificial colors or flavors.

| Supplement Facts | |
|-----------------------------|----------------|
| Serving Size: 2 Soft Gels | |
| Amount Per Serving | % Daily Value* |
| Calories | 20 |
| Calories from fat | 20 |
| Total Fat | 2.0 g 3% |
| Saturated Fat | 0 g 0% |
| Trans Fat | 0 g † |
| FloraGLO® Lutein | 20 mg † |
| Zeaxanthin | 4 mg † |
| Total Omega-3s | 1460 mg † |
| EPA (Eicosapentaenoic Acid) | 360 mg † |
| DHA (Docosahexaenoic Acid) | 845 mg † |
| Other Omega-3s | 255 mg † |

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
 Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, purified water, carab color, natural lemon flavor), FloraGLO® lutein (in safflower oil), beeswax, d-alpha tocopherol, zeaxanthin (in corn oil), rosemary extract (a natural preservative). No gluten, milk derivatives, or artificial colors or flavors.



Nordic Probiotic™ capsules

60 count (30 servings)—unflavored (01616)

- Multi-strain blend of 12 billion live cultures, enhanced with prebiotics
- 100% allergen free—NO dairy, wheat, gluten, corn, soy, or GMOs
- Great for vegetarians and those with digestive issues or food sensitivities
- Supports digestive health and optimal immune system function*

Nordic Probiotic is a multi-strain probiotic that offers natural support for gastrointestinal health.* It combines beneficial probiotics (including *lactobacillus acidophilus* DDS®-1) with prebiotics to help support the growth of friendly bacteria, and promote GI balance.* No refrigeration is necessary.

Supplement Facts

| Serving Size: 2 Capsules | | |
|---|-----------------|---|
| Amount Per Serving | % Daily Value** | |
| Nordic Probiotic Blend | 76 mg | † |
| Total Cultures | 12 billion* | † |
| <i>Lactobacillus acidophilus</i> DDS®-1 | | |
| <i>Bifidobacterium lactis</i> | | |
| <i>Bifidobacterium longum</i> | | |
| <i>Bifidobacterium bifidum</i> | | |
| FOS (fructooligosaccharides) | 20 mg | † |

**Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
 * At time of consumption, if prior to expiration and under recommended storage conditions.
 Less than 1 g Total Carbohydrates per serving.

Other Ingredients: microcrystalline cellulose, capsule (vegetable cellulose), silica.
 No gluten, milk derivatives, wheat, corn, soy, or artificial colors or flavors.



Curcumin Gummies

gummies

60 count (30 servings)—(30191)

- Highly absorbable Longvida® Optimized Curcumin*
- Solid Lipid Curcumin Particle™ (SLCP) technology enhances bioavailability
- Addresses metabolic stress and promotes antioxidant pathways*
- No added sugar, artificial coloring or flavoring, or preservatives
- Delicious mango flavor—sweetened by xylitol

Offering 200 mg of highly bioavailable Longvida Optimized Curcumin per serving, Curcumin Gummies provides natural support for nervous system, cardiovascular, and immune health.* Using Solid Lipid Curcumin Particle technology to safely enhance curcumin’s poor native bioavailability, Longvida is 285 times better absorbed[‡] than other forms of curcumin. These delicious mango-flavored gummies help maintain a healthy response to inflammation by neutralizing free radicals, addressing metabolic stress, and promoting antioxidant pathways throughout the body.* As an added bonus, these delicious xylitol-sweetened gummies are full of mango flavor and free of added sugar and preservatives.

[‡]Using the AUC normalized method

LONGVIDA® is patent protected under US9192644 and EP 1993365 and a registered trademark of Verdure Sciences Inc.

| Supplement Facts | |
|---|-----------------|
| Serving Size: 2 Gummies Servings Per Container: 30 | |
| Amount Per Serving | % Daily Value** |
| Calories | 15 |
| Total Carbohydrate | 5 g 2% |
| Total Sugars | 0 g |
| Includes 0g Added Sugars | 0 g 0% |
| Xylitol | 3 g † |
| Sodium | 30 mg 2% |
| Longvida® Optimized Curcumin Extract (<i>Curcuma longa</i> root) | 200 mg † |

**Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
Other Ingredients: prebiotic fiber (from tapioca), pectin, purified water, citric acid, stearic acid, soy lecithin, maltodextrin, natural flavor, sodium citrate, vegetable oil (from palm and coconut), and beeswax.
 No gluten, milk derivatives, or artificial colors or flavors.



Melatonin Gummies

gummies

60 count (60 servings)—*unflavored* (30193)

- Promotes healthy sleep patterns for deep, continuous sleep throughout the night*
- Powerful antioxidant support for immune functioning*
- Easily customizable dosing options to avoid morning drowsiness*
- No added sugar, artificial coloring or flavoring, or preservatives
- Delicious raspberry flavor—sweetened by xylitol

Melatonin Gummies helps remediate the effects of melatonin irregularity and insufficiency to promote healthy sleep patterns and immune functioning without compromising daytime alertness.* The average melatonin supplement contains 5 mg, which is far higher than most people need and often leads to morning drowsiness. Featuring smaller, 1.5 mg servings, Melatonin Gummies allows people to adjust their dose according to individual sensitivities and needs. Sweetened by xylitol, these delicious raspberry-flavored gummies contain zero grams of sugar and provide an optimal starting dose of melatonin to help facilitate longer, more restful sleep without morning drowsiness.

Supplement Facts

Serving Size: 1 Gummy Servings Per Container: 60

| Amount Per Serving | % Daily Value** | |
|--------------------------|-----------------|-----|
| Calories | 5 | |
| Total Carbohydrate | 2 g | 1% |
| Total Sugars | 0 g | |
| Includes 0g Added Sugars | 0 g | 0% |
| Xylitol | 1 g | † |
| Sodium | 1.5 mg | <1% |
| Melatonin | 1.5 mg | † |

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: prebiotic fiber (from tapioca), pectin, purified water, natural flavor, citric acid, fruit and vegetable juice (for color), sodium citrate, vegetable oil (from palm and coconut), and beeswax.

No gluten, milk derivatives, or artificial colors or flavors.



DHA Infant™ liquid

2 oz. (15–60 servings) glass bottle with measured dropper—*unflavored (53788)*

- Easy-dose dropper
- Supports brain development and vision*
- Added vitamin D3 for immune support*

Made with our Gold Standard Arctic Cod Liver Oil™, this non-concentrated formula can be easily added to infant formula or food to ensure that babies and toddlers 5–35 lbs get the DHA they need for healthy development.*

| Supplement Facts | | |
|-----------------------------|--------------|----------------|
| Serving Size: 5 mL | | |
| Amount Per Serving | | % Daily Value* |
| Calories | 45 | |
| Total Fat | 5.0 g | † |
| Trans Fat | 0 g | † |
| Vitamin A | 230–920 I.U. | 15–61% |
| Vitamin D3 | 300 I.U. | 75% |
| Total Omega-3s | 1050 mg | † |
| EPA (Eicosapentaenoic Acid) | 350 mg | † |
| DHA (Docosahexaenoic Acid) | 485 mg | † |
| Other Omega-3s | 215 mg | † |

* Infants under 1 year of age.

† Daily Value not established.

Other Ingredients: purified arctic cod liver oil, rosemary extract (a natural preservative), d-alpha tocopherol, cholecalciferol in olive oil.

No gluten, milk derivatives, or artificial colors or flavors.



DHA Junior® liquid & soft gels

4 oz. (48 servings) glass bottle—strawberry (03183)

250 mg chewable soft gel
180 count (45 servings)—strawberry (03180)

- Made from 100% wild Arctic cod
- Pearl-sized chewable soft gels or strawberry-flavored liquid
- Supports brain development and learning*

Made from 100% wild Arctic cod, DHA Junior is rich in the omega-3 DHA, which is essential for brain function.* The liquid formulation is suitable for children 12 months and older. The soft gels are easily swallowed or chewed by children three years and up. Both formulations contain naturally occurring vitamins A and D. Like all Nordic Naturals fish oils, DHA Junior is third-party tested and surpasses strict international standards for purity and freshness.

| Supplement Facts | | | |
|-----------------------------------|-------------------|--------------------|--------|
| Serving Size: ½ Teaspoon (2.5 mL) | | | |
| Amount Per Serving | % DV ¹ | % DV ^{2*} | |
| Calories | 25 | | |
| Calories from fat | 25 | | |
| Total Fat | 2.5 g † | 4% | |
| Saturated Fat | 0.5 g † | 3% | |
| Trans Fat | 0 g † | † | |
| Cholesterol | 10 mg † | 3% | |
| Vitamin A | 115–460 I.U. | 5–18% | 2–9% |
| Vitamin D | 0–10 I.U. | 0–2.5% | 0–2.5% |
| Total Omega-3s | 530 mg † | † | |
| EPA (Eicosapentaenoic Acid) | 170 mg † | † | |
| DHA (Docosahexaenoic Acid) | 255 mg † | † | |
| Other Omega-3s | 105 mg † | † | |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
¹ Daily Value (DV) for children under 4 years of age.
² Daily Value (DV) for adults and children over 4 years of age.

Ingredients: purified arctic cod liver oil, natural strawberry flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.

| Supplement Facts | | | |
|-----------------------------|-------------------|--------------------|------|
| Serving Size: 4 Soft Gels | | | |
| Amount Per Serving | % DV ¹ | % DV ^{2*} | |
| Calories | 10 | | |
| Calories from fat | 10 | | |
| Total Fat | 1.0 g † | 2% | |
| Saturated Fat | 0 g † | 0% | |
| Trans Fat | 0 g † | † | |
| Vitamin A | 50–200 IU | 2–8% | 1–4% |
| Vitamin D | 0–4 IU | 0–1% | 0–1% |
| Total Omega-3s | 250 mg † | † | |
| EPA (Eicosapentaenoic Acid) | 80 mg † | † | |
| DHA (Docosahexaenoic Acid) | 120 mg † | † | |
| Other Omega-3s | 50 mg † | † | |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
¹ Daily Value (DV) for children under 4 years of age.
² Daily Value (DV) for adults and children over 4 years of age.
Less than 3 mg of Cholesterol per serving.

Ingredients: purified arctic cod liver oil, soft gel capsule [gelatin, glycerin, water, xylitol, natural strawberry flavor], d-alpha tocopherol, natural strawberry flavor, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.



DHA Jr. Xtra™

soft gels

250 mg chewable soft gel

90 count (30 servings)—*strawberry (03186)*

- Promotes learning and language*
- Supports visual development*
- Supports healthy brain and nervous system development*

DHA Jr. Xtra provides three times the DHA as our top-selling DHA Junior to address two formidable challenges during childhood: widespread deficits in omega-3 intake, and the difficulty getting young kids to take supplements. Ideal for children ages 3-6, DHA Jr. Xtra is a potent source of omega-3 DHA, an essential nutrient for proper development of the brain, eyes, and nervous and immune systems in children.* These mini, berry-punch-flavored soft gels are easy to swallow and tasty to chew, ensuring kids will love their daily serving of DHA.

Supplement Facts

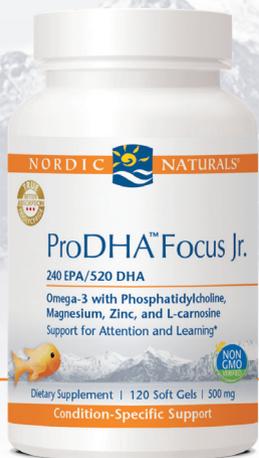
Serving Size: 3 Soft Gels

| Amount Per Serving | % DV ¹ | % DV ^{2*} |
|-----------------------------|-------------------|--------------------|
| Calories | 5 | |
| Total Fat | 1 g | † 2% |
| Saturated Fat | 0 g | † 0% |
| Trans Fat | 0 g | † |
| Total Omega-3s | 636 mg | † |
| EPA (Eicosapentaenoic Acid) | 165 mg | † |
| DHA (Docosahexaenoic Acid) | 375 mg | † |
| Other Omega-3s | 96 mg | † |

**Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
 † Daily Value (DV) for children under 4 years of age.
 † Daily Value (DV) for adults and children over 4 years of age.
 Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsules (gelatin, glycerin, water, xylitol, natural berry flavor), d-alpha tocopherol, natural berry flavor, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.



ProDHA™ Focus Jr.

soft gels

500 mg soft gel

120 count (30 servings)—*strawberry (03190)*

- Promotes attention and learning*
- Facilitates communication between neurons*
- Supports healthy brain and nervous system development*

ProDHA Focus Jr. is a unique blend of nutrients that benefits attention and learning by supporting overall brain health.* This powerful formula combines the omega-3s EPA and DHA from fish oil, phosphatidylcholine, magnesium, L-carnosine, and zinc, each in a form the body can easily recognize and use. These five nutrients work synergistically throughout the brain to help support the optimal structure and function of brain cells, and promote effective communication between neurons.*

Supplement Facts

Serving Size: 4 Soft Gels

| Amount Per Serving | % Daily Value** | |
|------------------------------------|-----------------|-----|
| Calories | 15 | |
| Total Fat | 1.3 g | 2% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Cholesterol | 15 mg | 5% |
| Magnesium (as magnesium glycinate) | 100 mg | 24% |
| Zinc (as zinc glycinate) | 5 mg | 45% |
| L-Carnosine | 40 mg | † |
| Phosphatidylcholine | 100 mg | † |
| Total Omega-3s | 900 mg | † |
| EPA (Eicosapentaenoic Acid) | 240 mg | † |
| DHA (Docosahexaenoic Acid) | 520 mg | † |
| Other Omega-3s | 140 mg | † |

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, carob color, natural lemon flavor), herring roe extract, beeswax, d-alpha tocopherol, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.



ProOmega® Junior soft gels

500 mg soft gel

90 count (45 servings)—strawberry (07100)

- Easy to chew or swallow for ages 5+
- Supports learning and brain function*

This concentrated formula offers high-intensity support in an easy-to-swallow soft gel. Just one serving delivers 585 mg EPA+DHA, making it an excellent way to give children more omega-3s in fewer soft gels. Its great strawberry taste even makes it chewable!

| Supplement Facts | | |
|-----------------------------|--------|----------------|
| Serving Size: 2 Soft Gels | | |
| Amount Per Serving | | % Daily Value* |
| Calories | 10 | |
| Calories from fat | 10 | |
| Total Fat | 1.0 g | 2% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Total Omega-3s | 680 mg | † |
| EPA (Eicosapentaenoic Acid) | 340 mg | † |
| DHA (Docosahexaenoic Acid) | 245 mg | † |
| Other Omega-3s | 95 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
 Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural strawberry flavor), natural strawberry flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
 No gluten, milk derivatives, or artificial colors or flavors.



ProOmega® 2000 Jr.

mini soft gels

650 mg soft gel

60 count (30 servings)—*strawberry (07125)*

- Ultra-concentrated omega-3 EPA+DHA for kids and adults
- Supports heart, brain, and immune health*
- Small soft gels are easy to swallow or chew

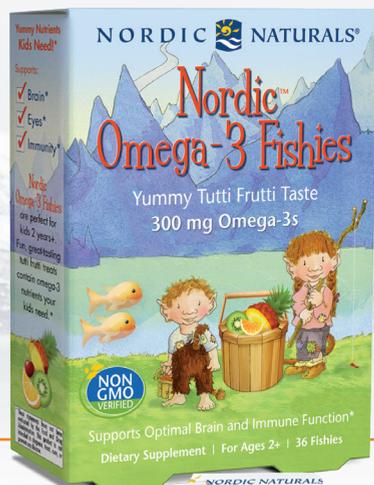
ProOmega 2000 Jr. contains our highest-concentration triglyceride-form omega-3 fish oil in a mini soft gel. It features ultra-concentrated EPA+DHA in the highly absorbable, triglyceride molecular form. With more than 1000 mg EPA+DHA per serving, it provides intensive support for heart, brain, and immune health.* Natural strawberry flavor makes these soft gels delicious enough to chew.

Supplement Facts

| Serving Size: 2 Soft Gels | | |
|-----------------------------|----------------|----|
| Amount Per Serving | % Daily Value* | |
| Calories | 15 | |
| Calories from fat | 15 | |
| Total Fat | 1.5 g | 2% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | † |
| Total Omega-3s | 1120 mg | † |
| EPA (Eicosapentaenoic Acid) | 586 mg | † |
| DHA (Docosahexaenoic Acid) | 456 mg | † |
| Other Omega-3s | 78 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
 Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural strawberry flavor), natural strawberry flavor, α -alpha tocopherol, rosemary extract (a natural preservative).
 No gluten, milk derivatives, or artificial colors or flavors.



Nordic Omega-3 Fishies™ *chewable fishies*

36 count (36 servings)—*tutti frutti* (31130)

- 300 mg combined omega-3s in each chewable serving for ages 2+
- Delicious tutti frutti flavor kids will love
- No artificial coloring, flavoring, or preservatives
- Supports healthy brain, eye, and immune system function*

Nordic Omega-3 Fishies makes it easier than ever to give children the essential omega-3 nutrients they need. Just one serving of these chewable, tutti frutti-flavored treats provides 300 mg of omega-3s to support healthy brain, eye, and immune system function.* Kids love the great taste and fun fish shape. Parents love the convenience.

Nordic Omega-3 Gummies™ *gummies*

60 count (30 servings)—*tangerine* (30130)
120 count (60 servings)—*tangerine* (30131)

- Easy-to-chew omega-3 treat for ages 2+
- No artificial coloring, flavoring, or preservatives
- Gluten, yeast, and milk derivative free

Supplement Facts

| Serving Size: 1 Fishie | | | |
|-----------------------------|--------|-----------|-----------|
| Amount Per Serving | | % 2-4 yrs | % 4+ yrs* |
| Calories | 5 | | |
| Calories from fat | 5 | | |
| Total Fat | 0.5 g | † | 1% |
| Saturated Fat | 0 g | † | 0% |
| Trans Fat | 0 g | † | † |
| Cholesterol | 0 mg | † | 0% |
| Sodium | 0 mg | † | 0% |
| Total Carbohydrate | 0 g | † | 0% |
| Sugars | 0 g | † | 0% |
| Total Omega-3s | 300 mg | † | † |
| EPA (Eicosapentaenoic Acid) | 150 mg | † | † |
| DHA (Docosahexaenoic Acid) | 100 mg | † | † |
| Other Omega-3s | 50 mg | † | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Ingredients: purified deep sea fish oil (from anchovies and sardines), xylitol, purified water, sorbitol, gelatin, natural tutti frutti flavor, citric acid, trisodium citrate, paprika extract, trace amounts of canola oil.

No gluten, milk derivatives, or artificial colors or flavors.

Supplement Facts

| Serving Size: 2 Gummies | | | |
|---|-------|-----------|-----------|
| Amount Per Serving | | % 2-4 yrs | % 4+ yrs* |
| Calories | 25 | | |
| Calories from fat | 0 | | |
| Total Fat | 0 g | † | 0% |
| Sodium | 10 mg | † | <1% |
| Total Carbohydrate | 5 g | † | 2% |
| Sugars | 4 g | † | † |
| Total Omega-3s | 82 mg | † | † |
| Total EPA and DHA (Eicosapentaenoic Acid and Docosahexaenoic Acid) | 68 mg | † | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: organic sugar, organic tapioca syrup, purified water, fish oil (from anchovies and sardines), porcine gelatin, natural tangerine flavor (in sunflower oil), citric acid, pectin, fruit and vegetable juice (color), fumaric acid, sodium citrate.

No gluten, milk derivatives, or artificial colors or flavors.



Nordic Omega-3 Gummy Fish™ gummies

30 count (30 servings)—*tangerine (30140)*

- Easy-to-chew omega-3 treat for ages 2+
- No artificial coloring, flavoring, or preservatives
- Gluten, yeast, and milk derivative free

Nordic Omega-3 Gummy Worms™ gummies

30 count (30 servings)—*strawberry (30150)*

- Easy-to-chew omega-3 treat for ages 2+
- No artificial coloring, flavoring, or preservatives
- Gluten, yeast, and milk derivative free

| Supplement Facts | | | |
|--|---------------|----------------------------|-----|
| Serving Size: 1 Gummy Fish | | Servings per container: 30 | |
| Amount Per Serving | % Daily Value | % Daily Value | |
| | 2-4 yrs | 4+ yrs* | |
| Calories | 35 | | |
| Calories from fat | 0 | | |
| Total Fat | 0.5 g | † | 1% |
| Sodium | 10 mg | † | <1% |
| Total Carbohydrate | 7 g | † | 2% |
| Sugars | 6 g | † | † |
| Total Omega-3s | 124 mg | † | † |
| Total EPA and DHA | 103 mg | † | † |
| (Eicosapentaenoic Acid and Docosahexaenoic Acid) | | | |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Other Ingredients: organic sugar, organic tapioca syrup, purified water, fish oil (from anchovies and sardines), porcine gelatin, natural tangerine flavor (in sunflower oil), citric acid, pectin, fruit and vegetable juice (color), fumaric acid, sodium citrate.

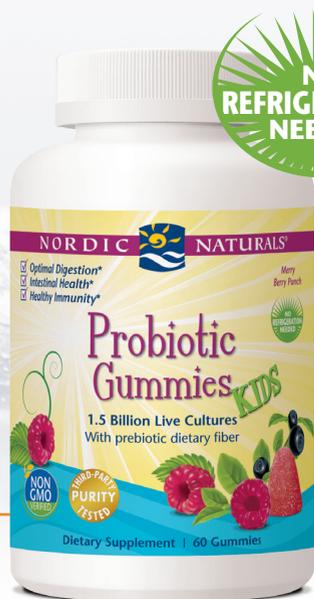
No gluten, milk derivatives, or artificial colors or flavors.

| Supplement Facts | | | |
|--|---------------|----------------------------|-----|
| Serving Size: 1 Gummy Worm | | Servings per container: 30 | |
| Amount Per Serving | % Daily Value | % Daily Value | |
| | 2-4 yrs | 4+ yrs* | |
| Calories | 20 | | |
| Calories from fat | 0 | | |
| Total Fat | 0 g | † | 0% |
| Sodium | 5 mg | † | <1% |
| Total Carbohydrate | 4 g | † | 1% |
| Sugars | 3 g | † | † |
| Total Omega-3s | 63 mg | † | † |
| Total EPA and DHA | 51 mg | † | † |
| (Eicosapentaenoic Acid and Docosahexaenoic Acid) | | | |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: organic sugar, organic tapioca syrup, purified water, fish oil (from anchovies and sardines), porcine gelatin, natural strawberry flavor, fruit and vegetable juice (color), citric acid, fumaric acid, pectin, sodium citrate.

No gluten, milk derivatives, or artificial colors or flavors.



Probiotic Gummies KIDS

gummies

60 count (30 servings)—*merry berry punch* (30170)

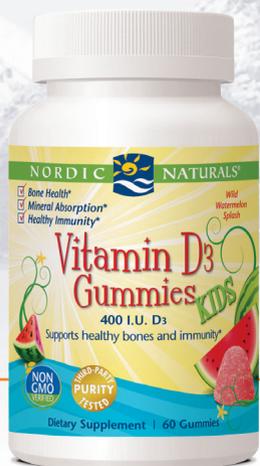
- Yummy merry berry punch flavor for ages 2+
- 1.5 billion live cultures (*Bacillus coagulans*) + prebiotic fiber
- No artificial colors, flavors, sweeteners, or preservatives
- Promotes overall digestive health*
- Facilitates intestinal balance*

Nordic Naturals Probiotic Gummies KIDS provides a safe, effective, fun way to optimize the digestive health that is critical to both childhood development and quality of life through adulthood. This synergistic formula combines *Bacillus coagulans*, a potent probiotic that survives and thrives in the digestive tract, with prebiotic fiber. In yummy merry berry punch, Probiotic Gummies KIDS requires no refrigeration and can be enjoyed anytime, anywhere. A potent complement to Nordic Naturals omega-3 products.

Supplement Facts

| Serving Size: 2 Gummies | | | | |
|---------------------------|----------------------------|-------------------|----------------------------|----------------------|
| | Per ½ Serving (1 Gummy) | % DV ¹ | Per Serving (2 Gummies) | % DV ² ** |
| Calories | 10 | | 20 | |
| Sodium | 5 mg | † | 10 mg | 0% |
| Total Carbohydrate | 3 g | † | 6 g | 2% |
| Dietary Fiber | 1 g | † | 2 g | 8% |
| Sugars | 2 g | † | 4 g | † |
| Prebiotic Fiber | 940 mg | † | 1880 mg | † |
| <i>Bacillus coagulans</i> | | | | |
| Total CFU* | 750 million | † | 1.5 billion | † |

** Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.
 1 Daily Value (DV) for children under 4 years of age.
 2 Daily Value (DV) for adults and children over 4 years of age.
 * Colony-forming units (CFU) at time of manufacturing.
Other Ingredients: organic cane sugar, purified water, pectin, citric acid, natural flavor, fumaric acid, sodium citrate, fruit and vegetable juice (for color).
 No gluten, milk derivatives, or artificial colors or flavors.



Vitamin D3 Gummies KIDS

gummies

60 count (60 servings)—*wild watermelon splash* (31143)

- 400 IU vitamin D3 (cholecalciferol) for ages 4+
- Delicious wild watermelon splash flavor
- No artificial colors, flavors, sweeteners, or preservatives
- Supports muscle function and healthy bones*
- Supports immune and nervous system health*

Vitamin D3 is critically important to healthy childhood development, and also provides a foundation for health in adulthood.* Nordic Naturals Vitamin D3 Gummies KIDS is a safe, effective, easy way to provide children ages 4+ with the vitamin D3 they need. A potent complement to Nordic Naturals omega-3 products.

Supplement Facts

Serving Size: 1 Gummy

| Amount Per Serving | % Daily Value* | |
|------------------------------|----------------|------|
| Calories | 10 | |
| Total Carbohydrate | 2 g | 1% |
| Sugars | 2 g | † |
| Vitamin D3 (cholecalciferol) | 400 I.U. | 100% |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: organic sugar, organic tapioca syrup, purified water, pectin, citric acid, natural flavor, fumaric acid, sodium citrate, fruit and vegetable juice (color).

No gluten, milk derivatives, or artificial colors or flavors.



Vitamin C Gummies

gummies

60 count (30 servings)—*tart tangerine (30160)*
 120 count (60 servings)—*tart tangerine (30161)*

- 250 mg vitamin C per serving
- Great-tasting tart tangerine flavor
- Provides immune and antioxidant support*

Nordic Naturals Vitamin C Gummies provides 250 mg vitamin C ascorbic acid in each serving. Vitamin C is an essential nutrient that kids need for growth and development.* These delicious, tart tangerine-flavored gummy slices are suitable for ages 4+.

Supplement Facts

| Serving Size: 2 Gummies | | |
|------------------------------|----------------|------|
| Amount Per Serving | % Daily Value* | |
| Calories | 15 | |
| Total Carbohydrate | 4 g | 1% |
| Sugars | 3 g | † |
| Vitamin C (as Ascorbic Acid) | 250 mg | 417% |

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.

Other Ingredients: organic sugar, organic tapioca syrup, pectin, citric acid, sodium citrate, annatto (for color), natural flavor.

Manufactured in a facility certified to be free of allergens derived from milk, eggs, fish, shellfish, tree nuts, wheat, peanuts, and soy. No gluten or artificial colors or flavors.



Nordic Berries™ gummies

120 count (30 servings)—*sweet-and-sour citrus (30120)*

200 count (50 servings)—*sweet-and-sour citrus (30124)*

120 count (30 servings)—*cherry berry (30126)*

- Chewable, pectin-based multivitamin for ages 2+
- Provides essential nutrients—including zinc and vitamins A, B, C, D3, and E
- No artificial coloring, flavoring, or preservatives

Nordic Berries contains essential vitamins, minerals, and antioxidants that growing kids need. These easy-to-chew multivitamins are suitable for children two years and older, and make an ideal companion to any Nordic Naturals omega-3 product.

Supplement Facts

Serving Size: 4 Nordic Berries

| Amount Per Serving | % Daily Value 2-4 yrs | % Daily Value 4+ yrs* |
|---|--------------------------|--------------------------|
| Calories | 35 | |
| Calories from Fat | 0 | |
| Total Fat | 0 g | |
| Total Carbohydrate | 9 g | † 3% |
| Sugars | † | † |
| Vitamin A (as beta-carotene) | 2500 IU | 100% |
| Vitamin C (as ascorbic acid) | 40 mg | 100% |
| Vitamin D3 (as cholecalciferol) | 400 IU | 100% |
| Vitamin E (as d-alpha tocopheryl acetate) | 10 IU | 100% |
| Thiamin (as thiamin mononitrate) (Vitamin B1) | 0.7 mg | 100% |
| Riboflavin (Vitamin B2) | 0.85 mg | 100% |
| Vitamin B6 (as pyridoxine HCl) | 1 mg | 143% |
| Folic acid | 100 mcg | 50% |
| Vitamin B12 (as cyanocobalamin) | 3 mcg | 100% |
| Biotin | 150 mcg | 100% |
| Pantothenic acid (as d-calcium pantothenate) | 2.5 mg | 50% |
| Calcium (as calcium citrate) | 20 mg | 2% |
| Iodine (as potassium iodide) | 35 mcg | 50% |
| Magnesium (as magnesium citrate) | 5 mg | 2% |
| Zinc (as zinc citrate) | 8 mg | 100% |
| Sodium | 20 mg | † 1% |
| Choline (as choline bitartrate) | 10 mcg | † |
| Inositol | 10 mcg | † 1% |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: organic sugar, organic tapioca syrup, purified water, pectin, natural citrus flavor (in sunflower oil), citric acid, fumaric acid, sodium citrate, rice syrup solids, No gluten, milk derivatives, or artificial colors or flavors.

Supplement Facts

Serving Size: 4 Nordic Berries

| Amount Per Serving | % Daily Value 2-4 yrs | % Daily Value 4+ yrs* |
|---|--------------------------|--------------------------|
| Calories | 35 | |
| Calories from Fat | 0 | |
| Total Fat | 0 g | |
| Total Carbohydrate | 10 g | † 3% |
| Dietary Fiber | 4 g | † 15% |
| Sugars | † | † |
| Vitamin A (as beta-carotene) | 2500 IU | 100% |
| Vitamin C (as ascorbic acid) | 40 mg | 100% |
| Vitamin D3 (as cholecalciferol) | 400 IU | 100% |
| Vitamin E (as d-alpha tocopheryl acetate) | 10 IU | 100% |
| Thiamin (as thiamin mononitrate) (Vitamin B1) | 0.7 mg | 100% |
| Riboflavin (Vitamin B2) | 0.85 mg | 100% |
| Vitamin B6 (as pyridoxine HCl) | 1 mg | 143% |
| Folic acid | 100 mcg | 50% |
| Vitamin B12 (as cyanocobalamin) | 3 mcg | 100% |
| Biotin | 150 mcg | 100% |
| Pantothenic acid (as d-calcium pantothenate) | 2.5 mg | 50% |
| Calcium (as calcium citrate) | 20 mg | 2% |
| Iodine (as potassium iodide) | 35 mcg | 50% |
| Magnesium (as magnesium citrate) | 5 mg | 2% |
| Zinc (as zinc citrate) | 8 mg | 100% |
| Sodium | 20 mg | † <1% |
| Choline (as choline bitartrate) | 10 mcg | † |
| Inositol | 10 mcg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: organic sugar, prebiotic fiber (from tapioca), purified water, pectin, citric acid, malic acid, sodium citrate, rice syrup solids, fruit and vegetable juice (for color), natural flavor (in sunflower oil)
No gluten, milk derivatives, or artificial colors or flavors.

Notes



At Nordic Naturals, we're committed to delivering the world's safest, most effective nutrients essential to health. Our award-winning omega-3 fish oil and other foundational nutrients are research supported, expertly formulated, rigorously tested, great tasting, and—best of all—proven effective.

NORDIC NATURALS

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