



STUART TOMC, CNHP

NORDIC NATURALS' NATIONAL EDUCATOR AND RADIO PERSONALITY

*“The more we examine
omega-3 fats and understand
its interconnectedness,
the more we realize its
significance in conception,
development, and graceful
aging. All life, every cell,
each organ and system
is reliant on this vital
nutrient.”*

—Stuart Tomc

A complete profile is available
and can be emailed upon request.
Press interviews can be arranged by
contacting Shari Hindman, Integral
Marketing, Inc. at **303.499.9665** or
sharilhindman1@comcast.net.

Summary of Expertise

An authority on evidence-based dietary supplements, Stuart Tomc is a certified natural health professional with over 20 years experience in the field of Nutritional Medicine. He is a respected consultant to the World Health Organization and integrative physicians worldwide having traveled the world as an educator and trainer for over 10 years. With an accomplished background in media appearances, Stuart is adept at educating, entertaining, and delivering a powerful message on important health subjects in today's changing world. In addition, he was a contributing writer in Dr. Perricone's *Seven Secrets to Beauty, Health and Longevity*. Stuart currently serves as National Educator and Spokesperson for Nordic Naturals, and is working on his naturopathic doctor degree.

Specific Subjects

The health benefits of omega-3 fatty acids and fish oil. In addition: dietary supplements, integrative medicine, inflammation, Omega-3s and 6s, EPA, DHA, GLA, fish oil supplementation and research, fish oil products, cod liver oil, the effects of essential fatty acids on weight loss, heart health, immune function, reproductive health, visual and brain development, healthy mood, fitness and weight loss, men's health, hormone support and special needs for pregnant and lactating women, beauty from the inside out with omega-3s and 6s, lifestyle changes for improved health and mental and physical performance

Media Experience

Stuart has been interviewed on over 2,000 radio interviews, including NPR, "The Willner Window," "Healthy Talk Radio," and "Let's Talk Nutrition" with Dr. Garko. He has also been a frequent co-host for the past five years on "To Your Health" with Dr. Chris Greene. In addition, he has appeared on almost 50 television shows and exhibited at over 150 natural health and product shows. Stuart is well known for his print interviews and articles in trade and health publications.

“Stuart is one of the most requested and entertaining guests we have ever represented at our agency. He has the rare ability to entertain and educate in the same breath and show hosts appreciate this. Some comments about him are, “absolutely amazing,” “blown away,” “huge response,” and “wonderful interview.”