



# DAVID NELSON, OD, MBA

## NORDIC NATURALS ADVISORY BOARD MEMBER

*“DHA from fish oil and carotenoids may well be the most important discoveries in a generation for reducing the prevalence of age-related macular degeneration. These two substances provide the retina with essential structural components that are needed and required.”*

*—David Nelson, OD, MBA*

A complete profile is available and can be emailed upon request. Press interviews can be arranged by contacting Shari Hindman, Integral Marketing, Inc. at **303.499.9665** or **sharilhindman1@comcast.net**.

### Summary of Expertise

David W. Nelson, OD, MBA, is a practicing optometrist with over twenty years of experience in the field of primary care vision. During his career, he has been honored to serve as President of two professional optometric associations, one state-wide and one at the national level. In 1994, Dr. Nelson was President of the Wisconsin Optometric Association. From 2001-2002, following 8 years of service on the Board of Trustees, he served as President of the American Optometric Association (AOA), a 33,000 member organization of optometrists. He is a life member of the AOA Political Action Committee and received the Optometric Recognition Award in 1989. Regularly writing articles on vision care and eye health, Dr. Nelson gives educational lectures and provides consulting services across the United States to assist fellow optometrists in implementing new technological advances in eye care and understanding dietary supplements/lifestyle changes to bring a better quality of life and vision. Dr. Nelson graduated from the Indiana University School of Optometry and received a diversified Masters in Business Administration from the University of Wisconsin School of Business.

### Specific Subjects

Eye health, nutrients and supplements for improved vision, age-related macular degeneration, glaucoma, essential fatty acids, omega-3s and 6s, EPA, DHA, GLA, fish oil supplementation and research, cod liver oil, lifestyle changes to support optimal vision, carotenoids, optometry and new technology in eye care

### Published Articles

“A Hard Lens with Extended Wear Possibilities.” *Journal of the American Optometric Association* 1985;56(3):208-211. Co-author: R.A. Koetting, OD, FAAO, St. Louis, MO.

### Educational Lectures

“Nutrition and the Eye: Important Considerations for Optometrists”; “Optic Nerve Evaluation in Glaucoma”; “Advanced Techniques in Fundus Examination and Diagnosis”; “Panoramic Digital Ophthalmoscopy for Primary Eye Care and Medical Optometry”